

# MESSAGE

Occasion : Sunday AM Lighthouse Coming Together  
Theme : Able to Do Abundantly With Thanksgiving  
Venue : OnLine Live Streaming  
Date : August 2, 2020

**TITLE : TROUBLED**  
Text/s :

Matt 24:3-13

3 And as he sat upon the mount of Olives, the disciples came unto him privately, saying, Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world?

4 And Jesus answered and said unto them, Take heed that no man deceive you.

5 For many shall come in my name, saying, I am Christ; and shall deceive many.

6 And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet.

7 For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.

8 All these are the beginning of sorrows.

9 Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake.

10 And then shall many be offended, and shall betray one another, and shall hate one another.

11 And many false prophets shall rise, and shall deceive many.

12 And because iniquity shall abound, the love of many shall wax cold.

13 But he that shall endure unto the end, the same shall be saved.

KJV

Bible Reading :

Ps 46

**1 God is our refuge and strength, a very present help in trouble.**

2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;

3 Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.

4 There is a river, the streams whereof shall make glad the city of God, the holy place of the tabernacles of the most High.

5 God is in the midst of her; she shall not be moved: God shall help her, and that right early.

6 The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.

7 The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

8 Come, behold the works of the LORD, what desolations he hath made in the earth.

9 He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.

10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.

11 The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

KJV

Song/s :

HE HIDETH MY SOUL



He Hideth My  
Soul.mp3

1

A wonderful Savior is Jesus my Lord,  
a wonderful Savior to me;  
He hideth my soul in the cleft of the rock,  
where rivers of pleasure I see.

Refrain:

He hideth my soul in the cleft of the rock  
that shadows a dry, thirsty land;  
He hideth my life in the depths of His love,  
and covers me there with His hand,  
and covers me there with His hand.

2

A wonderful Savior is Jesus my Lord,  
He taketh my burden away;  
He holdeth me up, and I shall not be moved,  
He giveth me strength as my day. [Refrain]

3

With numberless blessings each moment He crowns,  
and filled with His fullness divine,  
I sing in my rapture, oh, glory to God  
for such a Redeemer as mine! [Refrain]

4

When clothed in His brightness, transported I rise  
to meet Him in clouds of the sky,  
His perfect salvation, His wonderful love  
I'll shout with the millions on high. [Refrain]

## HOW FIRM A FOUNDATION



How Firm A  
Foundation.mp3

1

How firm a foundation, ye saints of the Lord,  
Is laid for your faith in His excellent word!  
What more can He say than to you He hath said—  
To you who for refuge to Jesus have fled?

2

“Fear not, I am with thee, oh, be not dismayed,  
For I am thy God, and will still give thee aid;  
I’ll strengthen thee, help thee, and cause thee to stand,  
Upheld by My gracious, omnipotent hand.

3

“When through the deep waters I call thee to go,  
The rivers of sorrow shall not overflow;  
For I will be with thee thy trouble to bless,  
And sanctify to thee thy deepest distress.

4

“When through fiery trials thy pathway shall lie,  
My grace, all-sufficient, shall be thy supply;  
The flame shall not harm thee; I only design  
Thy dross to consume and thy gold to refine.

5

“The soul that on Jesus doth lean for repose,  
I will not, I will not, desert to his foes;  
That soul, though all hell should endeavor to shake,  
I’ll never, no never, no never forsake.”

## I WILL SING OF MY REDEEMER



I Will Sing Of My  
Redeemer.mp3

1

I will sing of my Redeemer,  
And His wondrous love to me;  
On the cruel cross He suffered,  
From the curse to set me free.

Refrain:

Sing, oh, sing of my Redeemer,  
With His blood He purchased me;  
On the cross He sealed my pardon,  
Paid the debt, and made me free.

2

I will tell the wondrous story,  
How my lost estate to save,  
In His boundless love and mercy,  
He the ransom freely gave.

3

I will praise my dear Redeemer,  
His triumphant pow’r I’ll tell,  
How the victory He giveth  
Over sin, and death, and hell.

4

I will sing of my Redeemer,  
And His heav’nly love to me;  
He from death to life hath brought me,  
Son of God with Him to be.

## HE KEEPS ME SINGING



He Keeps Me  
Singing.mp3

1

There's within my heart a melody  
Jesus whispers sweet and low,  
Fear not, I am with thee, peace, be still,  
In all of life's ebb and flow.

Refrain:

Jesus, Jesus, Jesus,  
Sweetest Name I know,  
Fills my every longing,  
Keeps me singing as I go.

2

All my life was wrecked by sin and strife,  
Discord filled my heart with pain,  
Jesus swept across the broken strings,  
Stirred the slumb'ring chords again.

3

Feasting on the riches of His grace,  
Resting 'neath His shelt'ring wing,  
Always looking on His smiling face,  
That is why I shout and sing.

4

Though sometimes He leads through waters deep,  
Trials fall across the way,  
Though sometimes the path seems rough and steep,  
See His footprints all the way.

5

Soon He's coming back to welcome me,  
Far beyond the starry sky;  
I shall wing my flight to worlds unknown,  
I shall reign with Him on high.

Other references :

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## INTRODUCTION

The wise man penned the following words...

Eccl 1:8-10

8 All things are full of labour; man cannot utter it: the eye is not satisfied with seeing, nor the ear filled with hearing.

9 The thing that hath been, it is that which shall be; and that which is done is that which shall be done: and there is no new thing under the sun.

10 Is there any thing whereof it may be said, See, this is new? it hath been already of old time, which was before us.

KJV

And Job...

Job 3:2-7

2 And Job spake, and said,

3 Let the day perish wherein I was born, and the night in which it was said, There is a man child conceived.

4 Let that day be darkness; let not God regard it from above, neither let the light shine upon it.

5 Let darkness and the shadow of death stain it; let a cloud dwell upon it; let the blackness of the day terrify it.

6 As for that night, let darkness seize upon it; let it not be joined unto the days of the year, let it not come into the number of the months.

7 Lo, let that night be solitary, let no joyful voice come therein.

KJV

Job 3:11-13

11 Why died I not from the womb? why did I not give up the ghost when I came out of the belly?

12 Why did the knees prevent me? or why the breasts that I should suck?

13 For now should I have lain still and been quiet, I should have slept: then had I been at rest,

KJV

Job 3:24-26

24 For my sighing cometh before I eat, and my roarings are poured out like the waters.

25 For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me.

26 I was not in safety, neither had I rest, neither was I quiet; yet trouble came.

KJV

And David...

Ps 10:1-4

1 Why standest thou afar off, O LORD? why hidest thou thyself in times of trouble?

2 The wicked in his pride doth persecute the poor: let them be taken in the devices that they have imagined.

3 For the wicked boasteth of his heart's desire, and blesseth the covetous, whom the LORD abhorreth.

4 The wicked, through the pride of his countenance, will not seek after God: God is not in all his thoughts.

KJV

Ps 22:11-19

11 Be not far from me; for trouble is near; for there is none to help.

12 Many bulls have compassed me: strong bulls of Bashan have beset me round.

13 They gaped upon me with their mouths, as a ravening and a roaring lion.

14 I am poured out like water, and all my bones are out of joint: my heart is like wax; it is melted in the midst of my bowels.

15 My strength is dried up like a potsherd; and my tongue cleaveth to my jaws; and thou hast brought me into the dust of death.

16 For dogs have compassed me: the assembly of the wicked have inclosed me: they pierced my hands and my feet.

17 I may tell all my bones: they look and stare upon me.

18 They part my garments among them, and cast lots upon my vesture.

19 But be not thou far from me, O LORD: O my strength, haste thee to help me.

KJV

Ps 31:9-12

9 Have mercy upon me, O LORD, for I am in trouble: mine eye is consumed with grief, yea, my soul and my belly.

10 For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.

11 I was a reproach among all mine enemies, but especially among my neighbours, and a fear to mine acquaintance: they that did see me without fled from me.

12 I am forgotten as a dead man out of mind: I am like a broken vessel.

KJV

Ps 50:15

15 And call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me.

KJV

Ps 86:6-7

6 Give ear, O LORD, unto my prayer; and attend to the voice of my supplications.

7 In the day of my trouble I will call upon thee: for thou wilt answer me.

KJV

Ps 107:1-31

**1 O give thanks unto the LORD, for he is good: for his mercy endureth for ever.**

2 Let the redeemed of the LORD say so, whom he hath redeemed from the hand of the enemy;

3 And gathered them out of the lands, from the east, and from the west, from the north, and from the south.

4 They wandered in the wilderness in a solitary way; they found no city to dwell in.

5 Hungry and thirsty, their soul fainted in them.

**6 Then they cried unto the LORD in their trouble, and he delivered them out of their distresses.**

7 And he led them forth by the right way, that they might go to a city of habitation.

**8 Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!**

9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.

10 Such as sit in darkness and in the shadow of death, being bound in affliction and iron;

11 Because they rebelled against the words of God, and contemned the counsel of the most High:

12 Therefore he brought down their heart with labour; they fell down, and there was none to help.

**13 Then they cried unto the LORD in their trouble, and he saved them out of their distresses.**

14 He brought them out of darkness and the shadow of death, and brake their bands in sunder.

**15 Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!**

16 For he hath broken the gates of brass, and cut the bars of iron in sunder.

17 Fools because of their transgression, and because of their iniquities, are afflicted.

18 Their soul abhorreth all manner of meat; and they draw near unto the gates of death.

**19 Then they cry unto the LORD in their trouble, and he saveth them out of their distresses.**

20 He sent his word, and healed them, and delivered them from their destructions.

**21 Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!**

22 And let them sacrifice the sacrifices of thanksgiving, and declare his works with rejoicing.

23 They that go down to the sea in ships, that do business in great waters;

24 These see the works of the LORD, and his wonders in the deep.

25 For he commandeth, and raiseth the stormy wind, which lifteth up the waves thereof.

26 They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.

27 They reel to and fro, and stagger like a drunken man, and are at their wits' end.

**28 Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.**

29 He maketh the storm a calm, so that the waves thereof are still.

30 Then are they glad because they be quiet; so he bringeth them unto their desired haven.

**31 Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!**

KJV

## BODY

There is nothing new with man being troubled. Man has been troubled and there is nothing new to this. And that because of sin.

And the New Testament tells of what things have troubled man, even believers

- **Troubled with many cares of life**

Luke 10:38-42

38 Now it came to pass, as they went, that he entered into a certain village: and a certain woman named Martha received him into her house.

39 And she had a sister called Mary, which also sat at Jesus' feet, and heard his word.

40 But Martha was cumbered about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? bid her therefore that she help me.

41 And Jesus answered and said unto her, **Martha, Martha, thou art careful and troubled about many things:**

42 But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her.

KJV

- **Troubled about being comfortless**

John 14:23-28

23 Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

24 He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me.

25 These things have I spoken unto you, being yet present with you.

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

**27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.**

28 Ye have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

KJV

- **Troubled with the things that has come and will yet come**

Matt 24:3-13

3 And as he sat upon the mount of Olives, the disciples came unto him privately, saying, Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world?

4 And Jesus answered and said unto them, Take heed that no man deceive you.

5 For many shall come in my name, saying, I am Christ; and shall deceive many.

6 And ye shall hear of wars and rumours of wars: **see that ye be not troubled: for all these things must come to pass, but the end is not yet.**

7 For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.

8 All these are the beginning of sorrows.

9 Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake.

10 And then shall many be offended, and shall betray one another, and shall hate one another.

11 And many false prophets shall rise, and shall deceive many.

12 And because iniquity shall abound, the love of many shall wax cold.

13 But he that shall endure unto the end, the same shall be saved.

KJV

- **Troubled about seeing spirits**

Luke 24:36-51

36 And as they thus spake, Jesus himself stood in the midst of them, and saith unto them, Peace be unto you.

**37 But they were terrified and affrighted, and supposed that they had seen a spirit.**

**38 And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts?**

39 Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

40 And when he had thus spoken, he shewed them his hands and his feet.

41 And while they yet believed not for joy, and wondered, he said unto them, Have ye here any meat?

42 And they gave him a piece of a broiled fish, and of an honeycomb.

43 And he took it, and did eat before them.

44 And he said unto them, These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me.

45 Then opened he their understanding, that they might understand the scriptures,

46 And said unto them, Thus it is written, and thus it behoved Christ to suffer, and to rise from the dead the third day:

47 And that repentance and remission of sins should be preached in his name among all nations, beginning at Jerusalem.

48 And ye are witnesses of these things.

49 And, behold, I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.

50 And he led them out as far as to Bethany, and he lifted up his hands, and blessed them.

51 And it came to pass, while he blessed them, he was parted from them, and carried up into heaven.

KJV

- **Troubled with teachings that subvert the soul (unsettle the mind and throw people in confusion)**

Acts 15:22-26

22 Then pleased it the apostles and elders, with the whole church, to send chosen men of their own company to Antioch with Paul and Barnabas; namely, Judas surnamed Barsabas, and Silas, chief men among the brethren:

23 And they wrote letters by them after this manner; The apostles and elders and brethren send greeting unto the brethren which are of the Gentiles in Antioch and Syria and Cilicia:

24 Forasmuch as we have heard, that certain which went out from us have **troubled you with words, subverting your souls**, saying, Ye must be circumcised, and keep the law: to whom we gave no such commandment:

25 It seemed good unto us, being assembled with one accord, to send chosen men unto you with our beloved Barnabas and Paul,

26 Men that have hazarded their lives for the name of our Lord Jesus Christ.

KJV

Acts 15:24-25

24 We have heard that some people went out from among us without our authorization, and that they have upset you with their talk, unsettling your minds.

CJB

Acts 15:24

24 As we have heard that some persons from our number have disturbed you with their teaching, unsettling your minds and throwing you into confusion, although we gave them no express orders or instructions [on the points in question],

AMP

- **Troubled on every side in doing the work of the Lord**

2 Cor 4:7-10

7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.

8 **We are troubled on every side**, yet not distressed; we are perplexed, but not in despair;

9 Persecuted, but not forsaken; cast down, but not destroyed;

10 Always bearing about in the body the dying of the Lord Jesus, that the life also of Jesus might be made manifest in our body.

KJV

2 Cor 7:4-6

4 Great is my boldness of speech toward you, great is my glorying of you: I am filled with comfort, I am exceeding joyful in all our tribulation.

5 For, when we were come into Macedonia, our flesh had no rest, **but we were troubled on every side; without were fightings, within were fears.**

6 Nevertheless God, that comforteth those that are cast down, comforted us by the coming of Titus;

KJV

- **Troubled because of wrong teachings about the tribulation and the last days**

2 Thess 1:3-10

3 We are bound to thank God always for you, brethren, as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each other aboundeth;

4 So that we ourselves glory in you in the churches of God for your patience and faith in all your persecutions and tribulations that ye endure:

5 Which is a manifest token of the righteous judgment of God, that ye may be counted worthy of the kingdom of God, for which ye also suffer:

6 Seeing it is a righteous thing with God to recompense tribulation to them that trouble you;

7 **And to you who are troubled rest with us**, when the Lord Jesus shall be revealed from heaven with his mighty angels,

8 In flaming fire taking vengeance on them that know not God, and that obey not the gospel of our Lord Jesus Christ:

9 Who shall be punished with everlasting destruction from the presence of the Lord, and from the glory of his power;

10 When he shall come to be glorified in his saints, and to be admired in all them that believe (because our testimony among you was believed) in that day.

KJV

2 Thess 2:1-2

1 Now we beseech you, brethren, by the coming of our Lord Jesus Christ, and by our gathering together unto him,

2 That ye be not soon shaken in mind, or be troubled, neither by spirit, nor by word, nor by letter as from us, as that the day of Christ is at hand.

KJV

- **Troubled because of suffering for righteousness sake**

1 Peter 3:8-15

8 Finally, be ye all of one mind, having compassion one of another, love as brethren, be pitiful, be courteous:

9 Not rendering evil for evil, or railing for railing: but contrariwise blessing; knowing that ye are thereunto called, that ye should inherit a blessing.

10 For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile:

11 Let him eschew evil, and do good; let him seek peace, and ensue it.

12 For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil.

13 And who is he that will harm you, if ye be followers of that which is good?

14 **But and if ye suffer for righteousness' sake, happy are ye: and be not afraid of their terror, neither be troubled;**

15 But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear:  
KJV

**But the words of the Lord Jesus and His apostles ring out...**

- **Let not your heart be troubled**

John 14:1-4

1 Let not your heart be troubled: ye believe in God, believe also in me.

2 In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

3 And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.

4 And whither I go ye know, and the way ye know.

KJV

John 14:27-28

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

28 Ye have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

KJV

1 Thess 3:3-4

3 That no man should be moved by these afflictions: for yourselves know that we are appointed thereunto.

4 For verily, when we were with you, we told you before that we should suffer tribulation; even as it came to pass, and ye know.

KJV

2 Thess 2:1-2

1 Now we beseech you, brethren, by the coming of our Lord Jesus Christ, and by our gathering together unto him,

2 That ye be not soon shaken in mind, or be troubled, neither by spirit, nor by word, nor by letter as from us, as that the day of Christ is at hand.

KJV

Heb 12:9-13

9 Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?

10 For they verily for a few days chastened us after their own pleasure; but he for our profit, that we might be partakers of his holiness.

11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.

12 Wherefore lift up the hands which hang down, and the feeble knees;

13 And make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed.

KJV

**CONCLUSION**

